



HarperOne
An Imprint of
HarperCollinsPublishers

201 California Street
10th Floor
San Francisco, California
94111

415 477-4400
harperone@harpercollins.com
www.harperone.com

FOR IMMEDIATE RELEASE

Contact: Courtney Nobile, 212-207-7127
Courtney.nobile@harpercollins.com
Heidi Krupp-Lisiten, 212-886-6714
hkrupp@kruppny.com

“Debbie Ford was a spiritual sister, colleague, and teacher to me. This book, discovered after her passing, is an extraordinary journey to higher consciousness. Read it, absorb her insights, and you may see the world as fresh, vibrant, and holy as if for the first time.”

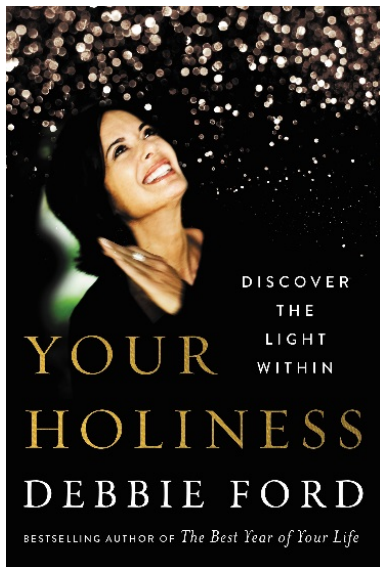
— **Deepak Chopra**

“Debbie Ford was and is one of the greatest teachers of my lifetime. Not only did she evolve, modernize, and render accessible the concept of shadow work and wholeness . . . but she was/is also one of the most profound spiritual teachers of our time. I am so happy that this book was written and will be shared with the world. May this book serve as the gift that it is, from the deeply empathic and wise soul that she was and is.”

— **Alanis Morissette**

“‘You are a holy addition to this world.’ Do you believe that? If you do (with all your heart or half-heartedly), but especially if you don’t believe it at all, put this book on your bedside table and read little bits of it every night before you sleep, and every morning when you awaken. Its beauty and truth will seep into your consciousness and fill with you with faith and strength. Debbie left us too soon, but she left a trail of light, and she left this book.”

— **Elizabeth Lesser, cofounder of Omega Institute**



YOUR HOLINESS

Discover the Light Within

By Bestselling author **Debbie Ford**

With an Introduction by

Marianne Williamson

And a Foreword by **Arielle Ford**

Clairvoyant and Spiritual Adviser James Van Praagh and Arielle Ford are available for interviews!

“What you are seeking at the deepest level exists inside of you, in the quietude of your own inner world, in the privacy of your own sweet heart. So now it’s your responsibility, your holy responsibility, to encode your consciousness with thoughts, feelings, and images that will support you in creating the perfect internal environment to cultivate a deep and intimate relationship with the one you call God. This is the force that loves you, cheers for you, and wants it all for you. In a world where love leaves as quickly as it comes, you can rest now, knowing that you have found a love that will never leave you, never misguide you, and never ever let you down. My advice, dear friend, is take great care of that Love. It will give you everything you’ve been looking for.” – Debbie Ford

Nearly four years ago, Debbie Ford passed after her long battle with cancer. What her family and friends weren’t aware of at the time of her passing was that she had written a manuscript detailing how she found the light of holiness through her difficult journey. Debbie felt the need to share her new perspective with the world and decided to communicate this need to brilliant and world renowned medium James Van Praagh from beyond the grave who in turn urged her sister Arielle Ford to find and publish the book.

Thanks to Van Praagh's skills and Arielle Ford, we can now share Debbie’s most personal book, **YOUR HOLINESS: DISCOVER THE LIGHT WITHIN** (HarperOne; Hardcover; March 6, 2018) which is her raw and poignant exploration of the godliness that resides within.

With Debbie’s trademark brutal honesty and keen insight, this book is a bold call to unearth our latent spirituality. Filled with deeply personal stories about her own struggles and spiritual journey and motivational prayers, **YOUR HOLINESS** provides a profoundly accessible pathway for people to harness their spiritual essence.

In **YOUR HOLINESS**, Debbie reveals:

- **How as an addict she learned no amount of self-will or self-discipline was strong enough to overcome temptations and how she turned to a life of prayer.**
- **Her realization that only the light of holiness protects from the darkness of the mind.**
- **Why humility is such a key state for all of us to experience.**
- **Why we treat ourselves worse than we would ever treat another human being and how to start lifting ourselves up.**
- **How we must face the places where we hold lovelessness within our consciousness, and we must root it out or we will always be vulnerable to the toxicity of a spiritually inauthentic self.**
- **Why readers need to be rigorous in their approach to spiritual growth.**

Engaging, clear, and unwavering, **YOUR HOLINESS** is a rare book that both guides and nourishes. It’s a deeply personal and prescriptive book that provides powerful but simple steps to alleviate emotional and psychic pain while uplifting and connection you to your spirit and the ability to generate positive action into your daily life.

DEBBIE FORD (October 1, 1955 - February 17, 2013) is the national bestselling author of *Dark Side of the Light Chasers*, *Secret of the Shadow*, *Spiritual Divorce*, *The Right Questions*, *The Best Year of Your Life*, *Why Good People Do Bad Things*, and *The 21-Day Consciousness Cleanse*.

YOUR HOLINESS by Debbie Ford
HarperOne, an imprint of HarperCollinsPublishers
Hardcover | \$22.99 | ISBN: 978-0-06-269494-2
On sale MARCH 6, 2018.