

## The Vow of the Courageous Warrior

I, \_\_\_\_\_, will no longer be bound by the slavery of my fear.

I will never again give my power away to my insecurities, my doubts, or my resentments.

I will stop allowing my past to define who I am, and I will stand for my highest integrity.

I will stop being a people pleaser and will honor my authentic truth.

I will stop listening to the voice of my critical, fearful, arrogant, know-it-all self, and I will listen to the voice of my most courageous and confident self.

I will break free from the strangulating grip of my self-defeating behaviors and will each moment choose powerfully to make choices that leave me feeling strong, powerful, and ready to take on the world and move from fear to faith.

I take this vow now as a positive stand for my soul's highest expression and for every man, woman, and child on this planet today.

As I set myself free, I am freeing all those around me to be their courageous, confident, authentic selves.

And now, as I close my eyes, I ask all the powers that be to support me in living this vow each moment of each day.

So it is. And so it shall be.

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(Your signature)